

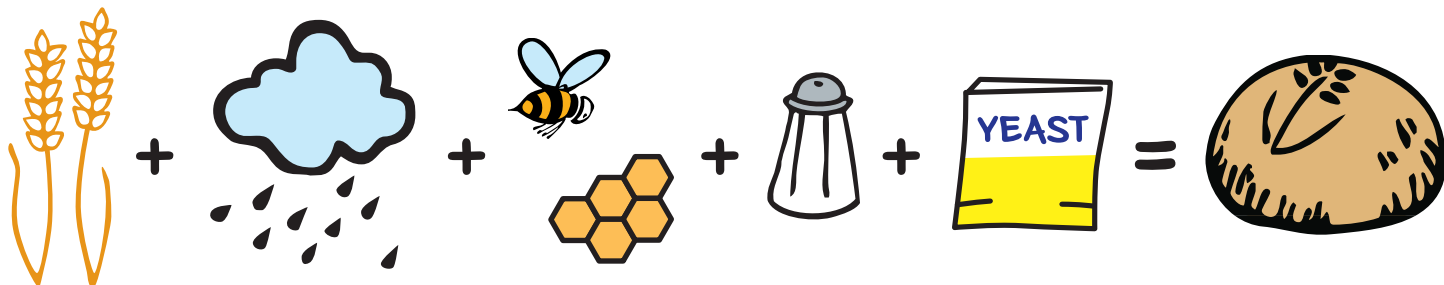


Great Harvest Bread Co.®

SAINT PAUL

www.stpaulbread.com

JANUARY 2012



Five Simple Things

There are only five simple ingredients in our whole grain, whole-wheat bread. Five pure ingredients are all it takes: whole-wheat flour, filtered water, fresh yeast, salt, and honey. In fact, we'd say bread is best when you keep it simple. It's even better when you use the highest quality ingredients you can find.

For us, that means stone grinding wheat in our mill daily, so it is freshly ground. Just like fresh ground coffee beans make a better cup of coffee, fresh ground

grains of wheat make a better tasting—and better for you!—loaf of bread. For the best whole-wheat taste, it's important to rush flour from the mill to the mixing bowl.

As far as preservatives go, forget about it! Great Harvest breads are never made with preservatives or artificial additives of any kind. Thanks to our special scratch-made process, our breads still stay fresh for up to ten days (if you can keep your hands off them that long!)

Recharge with Healthy, Delicious Whole Grains

Whole Grains Are Good For You.

At Great Harvest, we grind Spring Wheat kernels fresh every day to make our whole wheat flour. And we do mean "whole wheat," because we keep all three parts of the kernel: the endosperm, the bran, and the wheat germ. All flour starts to lose its nutritional content soon after grinding, so we use our flour within 48 hours. We then bake it to seal in freshness. This is why Great Harvest bread has superior nutritional value.

Whole Grains Taste Great.

We're continually surprised by how many of our customers still don't know we grind our own Whole Wheat Flour fresh every day! It is the hallmark of what we do. Just like fresh ground coffee beans make a better cup of coffee, fresh ground grains of wheat make a better tasting loaf of bread. Until you taste bread that Fresh, chances are you've never really tasted the true flavor of wheat.



BONNIE'S NEIGHBORHOOD BREAD BUSINESS

534 Selby Avenue • Saint Paul, MN 55105

www.stpaulbread.com

651-221-1057

JANUARY BREADS

MONDAY

Whole Grain Breads:

High 5 Fiber
Honey Whole Wheat
Sunflower Whole Wheat
Nine Grain

Other Varieties:

Cinnamon Swirl
Apple Crunch
Pepperoni Rolls
Oregon Herb
Caraway Rye
Premium White

Daily Sweets:

Marionberry Scruffin
Cinnamon Scone
Blueberry Oatbran Muffin
Banana Bread
Lemon Poppyseed Tea Bread

TUESDAY

Whole Grain Breads:

Cranberry Orange
Finnish Pulla
Castillian Olive
High 5 Fiber
Honey Whole Wheat
Nine Grain
Oatmeal Poppyseed

Other Varieties:

Pepperoni Rolls
Oregon Herb
Premium White
Cinnamon Swirl

Daily Sweets:

Raspberry Peach Scruffin
Cinnamon Scone
Maple Oat Scone
Blueberry Oatbran Muffin
Banana Bread
Lemon Poppyseed Tea Bread

WEDNESDAY

Whole Grain Breads:

Castillian Olive
Raisin Whole Wheat
Nine Grain
Spelt
Honey Whole Wheat
Golden Harvest
Oatmeal Poppyseed
Whole Grain Gusto

Other Varieties:

Roasted Garlic Potato
White Cinnamon Chip
Santa Rosa Sourdough
Pepperoni Rolls
Oregon Herb
Premium White

Daily Sweets:

Peach Scruffin
Raspberry White Choc. Scone
Raspberry Oat Bran Muffin
Banana Bread
Raspberry Tea Bread

THURSDAY

Whole Grain Breads:

Cranberry Orange
Dakota Wheat
Nine Grain
Sunflower Whole Wheat
Honey Whole Wheat
Country Whole Wheat
Whole Grain Gusto

Other Varieties:

Mushroom Swiss
Apple Crunch
White Cinnamon Chip
Santa Rosa Sourdough
Oregon Herb
Premium White

Daily Sweets:

Marionberry Scruffin
Cappuccino Muffin
Cinnamon Scone
Banana Bread
Raspberry Tea Bread
Blueberry Sour Cream

FRIDAY

Whole Grain Breads:

Breakfast Blast
Cranberry Orange
Dakota Wheat
Sunflower Whole Wheat
Nine Grain
Honey Whole Wheat
Country Whole Wheat

Other Varieties:

Santa Fe Cornbread
Mushroom Swiss
Asiago Cheese Sourdough
Spinach Feta
Challah
Oregon Herb
Premium White

Daily Sweets:

Marionberry Scruffin
Emerald Isle Scone
Ginger Bread
Banana Bread
Lemon Poppyseed Tea Bread
Blueberry Sour Cream

SATURDAY

Whole Grain Breads:

Breakfast Blast
Honey Whole Wheat
Sunflower Whole Wheat
Dakota Wheat
Cranberry Orange

Other Varieties:

Santa Fe Cornbread
Mushroom Swiss
Asiago Cheese Sourdough
Spinach Feta
Challah
Oregon Herb
Premium White

Daily Sweets:

Raspberry Cream Cheese Scone
Marionberry Scruffin
Cappuccino Muffin
Banana Bread
Lemon Poppyseed Tea Bread
Blueberry Sour Cream

JANUARY COOKIES

Oatmeal Scotchies

Tuesday through Saturday

Chocolate Bliss Cookies

Friday and Saturday

Sandwiches!

Made to order with
premium ingredients on

Freshly Baked Great Harvest Bread!

Every Day 11 am to 2 pm

Sunrise Breakfast Rolls

Saturday by 8:30 am

THANK YOU for choosing Great Harvest!



Facebook Fan Site:
Great Harvest
Bread Company St Paul

Every product you buy
from us is guaranteed to be
100% satisfactory or we will
cheerfully replace it — or
give you a full refund.

We value you as our customer
and we aim to please!

STORE HOURS:

Mon – Fri... 6:30 am – 6:30 pm
Saturday 6:30 am – 5 pm

534 Selby Avenue
Saint Paul, MN 55105



www.stpaulbread.com